



WEST COAST SURGICAL SPECIALISTS, INC.

Skin Biopsy Discharge Instructions

PAIN MEDICATION

1. You will be given a prescription for pain medication as needed.
 - a. Drink a lot of water to help prevent constipation.
2. When the pain decreases, you can change to something like Extra Strength Tylenol for pain relief.
3. If you experience nausea and vomiting not associated with the pain medication: maintain your diet on clear liquids and call the office if the nausea and vomiting become persistent.

DRIVING

1. Do not drive on the day of surgery. You will need someone to drive you to your procedure and back home.
2. Do not drive while taking the prescription pain medication.

DRESSINGS

1. You may shower with your dressing on. Pat dry.
2. **On DAY 3**, you may remove the dressing.
3. **On DAY 7**, you may remove the **Steri-Strips**. (Do not be alarmed if they come off on their own.)

ACTIVITY

1. Light activities until instructed.

DIET

1. Eat what you can tolerate.

CALL THE DOCTOR IF YOU EXPERIENCE:

1. Unusual discharge from the biopsy site.
2. A fever over 101 degrees and chills.
3. A dramatic increase in your pain.
4. Persistent nausea and vomiting.

Call **(951) 894-5167** to schedule a follow-up appointment.